

American Eagle COVID Prevention Preparation:

What have we done quite a bit to provide a clean and “germ free” environment as possible for our students and clients at AEMMA. The following measures are in place and these practices will be adhered to as long as necessary.

- 1) Virus killing Hepa filters, 2 large ones for my studio and 1 smaller unit for the lobby. The studio units filter 1000 square feet of air per hour.
- 2) Virus Killing UV lights positioned in the incoming airflow of the filters and run in conjunction several times a day.
- 3) Upon entering the studio, we will check forehead temperatures of students upon arrival with our New Infrared Temperature Sensing device. Anyone with a forehead temperature of 100.4 or above, will not be permitted to train. We will also have a UV wand available to wand on any objects students request treatment applied (no skin though).
- 4) The American Eagle Live! Facebook page at no additional cost, to all active American Eagle MMA MemParents will be required to watch their children on the Private FB page as opposed to sitting in the lobby. Only come inside for business that requires to be face to face.
- 5) The mats will be cleaned between classes, kettlebells and equipment wiped down after use as well. As now, the floors will be cleaned twice a day with Pine Sol lemon scent disinfectant will be used on the mats between classes. We also have the 3%, food grade peroxide solution for wiping door knobs and countertops.
- 6) We will have a scheduler to reserve your spot in class. If the maximum number of students has been met and you have not reserved your spot, you will be turned away. This will also enable us to see who is in the class at any time.
[HTTPS://CALENDLY.COM/PHILROSSMMA1](https://CALENDLY.COM/PHILROSSMMA1)
- 7) If any student or employee is sick, they will be ordered to stay home. Please respect the safety and health of all your fellow students and families. The option to train along with your classmates will be made available through our American Eagle Live! (Video Members can view anytime <https://www.facebook.com/groups/287453872232089>) or on the American Eagle Facebook Page (<https://www.facebook.com/AmericanEagleMMA/>). After July 1, 2020 only members of the Online training will have access to the virtual training.
- 8) All students will need to come to class with their uniforms or workout gear on. The changing rooms will only be used for clothing and as a means to enter the bathrooms. Flip flops, children and adult sized, to be worn when entering the bathrooms.
- 9) “Spot Checks” by instructors or staff to make certain that the gear does not smell and has been cleaned thoroughly.